



# Birth Preferences

**Name:**

**Contact number:**

**Estimated due date:**

**Birth place choice:**

Large empty text area for notes or additional information.

## MONITORING

Light purple header bar for the Monitoring section.

Large empty text area for notes or additional information under Monitoring.

## IMPORTANT TO KNOW

Light purple header bar for the Important to Know section.

Large empty text area for notes or additional information under Important to Know.

## BIRTH PARTNER

Light purple header bar for the Birth Partner section.

**Name:**

**Relationship to you:**

**Contact number:**

Light purple header bar for the Environment section.

## ENVIRONMENT

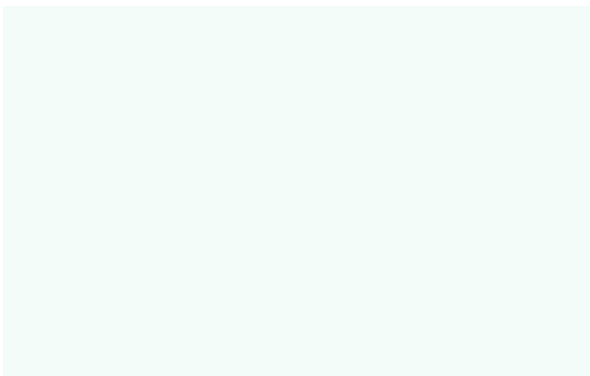
Light purple header bar for the Environment section.

Large empty text area for notes or additional information under Environment.

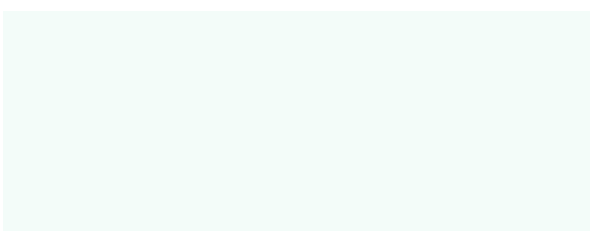
## PAIN RELIEF



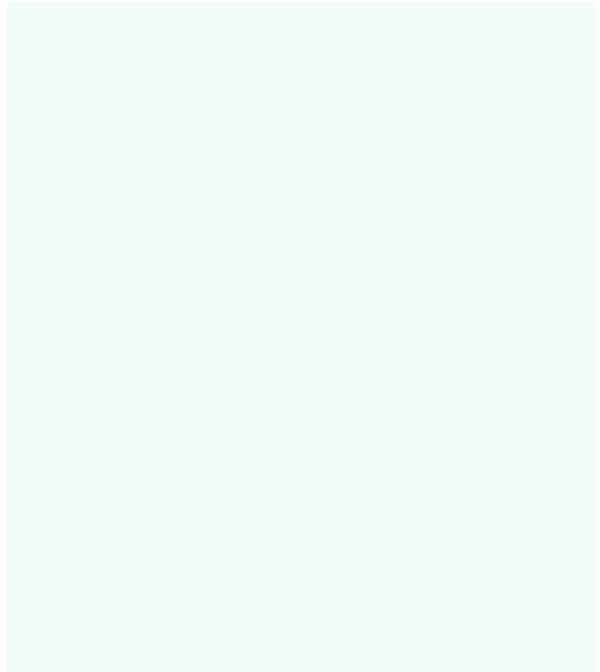
## POSITIONS FOR LABOUR & BIRTH



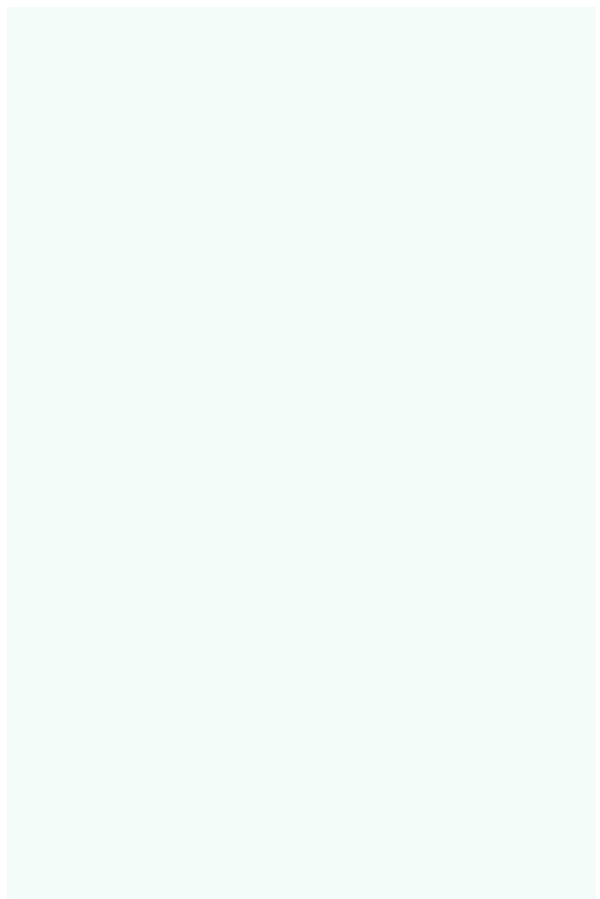
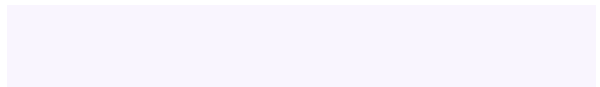
## BIRTH POOL



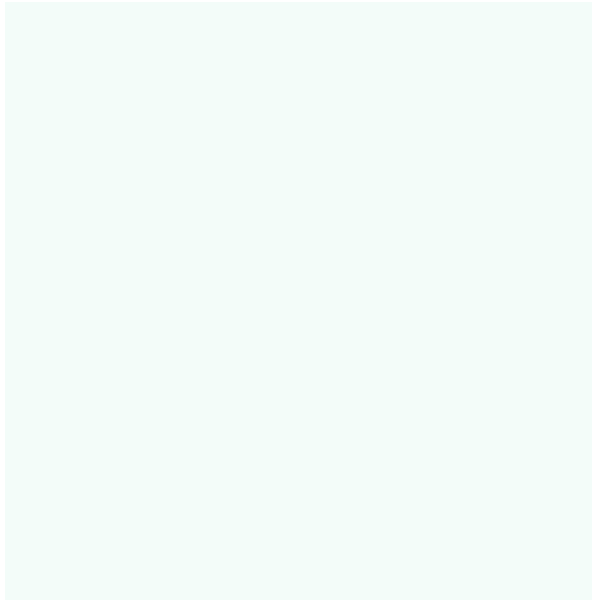
## SECOND STAGE



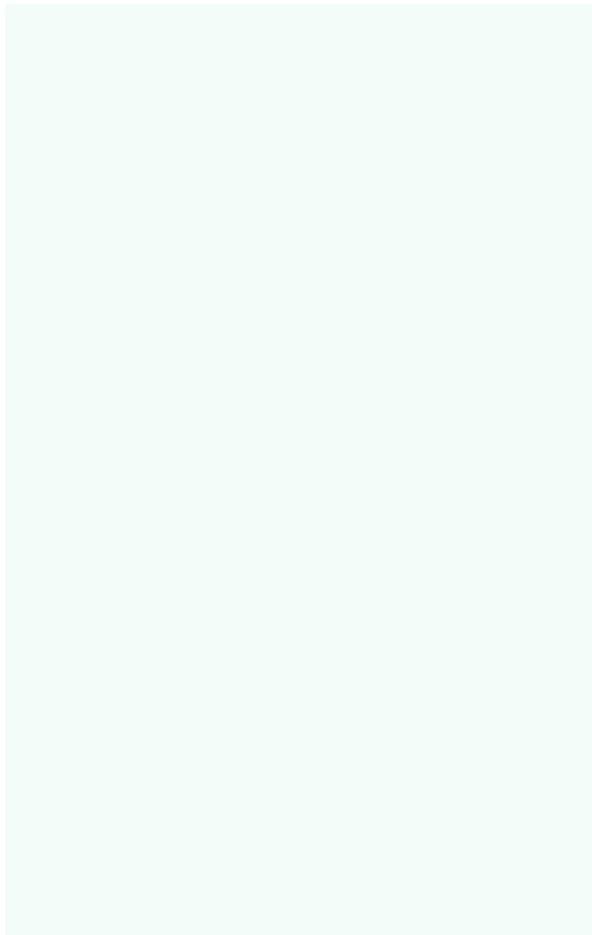
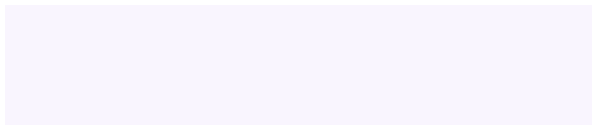
## LABOUR WARD



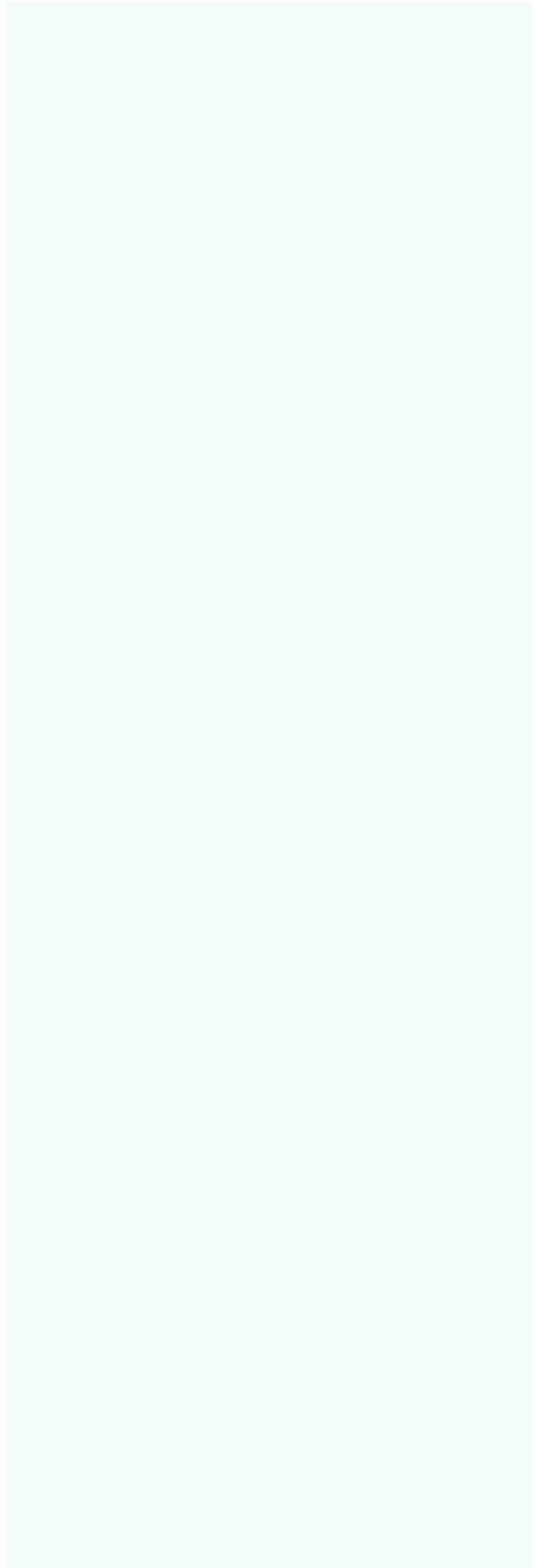
## ASSISTED DELIVERY



## THIRD STAGE



## UNPLANNED CESAREAN



**ANYTHING ELSE...**

A large, empty rectangular area with a light green background, intended for handwritten notes or additional information.

**THANK YOU**

A large, empty rectangular area with a light green background, intended for handwritten notes or additional information.

[thepositivebirthcompany.co.uk](http://thepositivebirthcompany.co.uk)